



# Flashcard Study System for the ACSM Certified Clinical Exercise Specialist Exam

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Flashcard Study System for the ACSM Certified Clinical Exercise Specialist Exam uses repetitive methods of study to teach you how to break apart and quickly solve difficult test questions on the American College of Sports Medicine Certified Clinical Exercise Specialist Exam. Study after study has shown that spaced repetition is the most effective form of learning, and nothing beats flashcards when it comes to making repetitive learning fun and fast. Our flashcards enable you to study small, digestible bits of information that are easy to learn and give you exposure to the different question types and concepts. Flashcard Study System for the ACSM Certified Clinical Exercise Specialist Exam covers: Exercise Assessment, Medical Pre-Screening, Complete Blood Count, Heart Rate, Cholesterol Levels, Blood Pressure, Fasting Blood Glucose Levels, Hydrostatic Weighing, Motivating Factors, Accelerometer, Objective and Subjective Measurements, Paraplegia, American Spinal Injury Association, Vascular Lung Diseases, Akinesia, Hypokinesia, Incidence and Sensitivity, Negligence, American College of Sports Medicine (ACSM), Exercise Training, Aerobic Exercise, Strength and Flexibility Training, Interval Training, Types of Exercises, Passive Stretching, Periodization, Asthma, Exercise Rehabilitation, Diabetes, Weight Loss, Heart Attack, Confidence Interval, Physical Activity, Tachydysrhythmia, Resistance Training, Chronic Renal Failure, Creatinine Clearance, Dialysis, End-stage Renal Disease, Human Immunodeficiency Virus (HIV), Risk Factor Identification, Submaximal Test, Metabolic Syndrome X, Acute Coronary Syndromes, Acute Myocardial Infarction, Atherosclerosis and Cardiomyopathy, Chronic Bronchitis and Emphysema, Saturated and Unsaturated Fats, Depression and Anxiety, Functional Anatomy, Oxygen Consumption, Muscle Actions, Scoliosis, Lordosis and Kyphosis, Adenosine Triphosphate (ATP), Valsalva Maneuver, Gross and Functional Anatomy, Synovial Joints, and much more...

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