



No Water No Moon: Talks on Zen Stories

Osho

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In this volume, the author brings readers a fresh understanding of Zen and the nature of true enlightenment. Through these Zen teaching stories, he explores the essence of Zen in al its beauty and mystery. Woven throughout are Zen shocks, Zen knocks and great laughter, which can shake readers from the sameness of everyday life into an awareness of the essence of existence and their true selves. Osho (1931-1990) is a contemporary mystic whose life and teachings have influenced millions of people of all ages, and from all walks of life. He has been described by the Sunday Times in London as one of the "1000 Makers of the 20th century"" and by Sunday Mid-Day (India) a one of the ten people - along with Gandhi, Nehru and Buddha who have changed the destiny of India. He is also known for his revolutionary contribution to the science of inner transformation, with an approach to mediation that acknowledges the accelerated pace of contemporary life. His unique "Active Meditations" are designed to first release the accumulated stresses of body and mind, so that it is easier to experience the thought-free and relaxed state of meditation.



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