



## **Obesity Assessment - Tools, methods, interpretations (Chapman & Hall Series in Clinical Nutrition)**

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This book provides reference points for researcher, clinicians and educators for assessing obesity in different individuals and populations. It serves as a ready reference for selected measures of weight, nutrition and dietary intake, activity and exercise, behavior, well-being, and disease risk relationships. It presents assessment tools, along with their applications and practical interpretations. Emphasis is given to the differences by age, gender, weight status and the many interrelated variables that contribute to the development and/or exacerbation of the obese state.

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