



Public Produce: Cultivating Our Parks, Plazas, and Streets for Healthier Cities

Darrin Nordahl

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Plum and pear trees shade park benches in Kamloops, British Columbia. Tomatoes and cucumbers burst forth from planters at City Hall in Provo, Utah. Strawberries and carrots flourish along the sunny sidewalks of a Los Angeles neighborhood.

The idea that public land could be used creatively to grow fresh food for local citizens was beginning to gain traction when *Public Produce* was first published in 2009, but there were few concrete examples of action. Today, things are different: fruits and vegetables are thriving in parks, plazas, along our streets, and around our civic buildings.

This revised edition of *Public Produce* profiles the many communities and community officials that are rethinking the role of public space in cities, and shows how places as diverse as parking lots and playgrounds can sustain health and happiness through fresh produce. But these efforts produce more than food.

Revitalizing urban areas, connecting residents with their neighborhoods, and promoting healthier lifestyles are just a few of the community goods we harvest from growing fruits and vegetables in our public gathering spots.

Taking readers from inspiration to implementation, *Public Produce* is chock full of tantalizing images and hearty lessons for bringing agriculture back into our cities.

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