



# Statistics for Sport and Exercise Studies: An Introduction

*Peter O'Donoghue*

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Every chapter includes a range of features designed to help the student grasp the underlying concepts and relate each statistical procedure to their own research project, including definitions of key terms, practical exercises, worked examples and clear summaries. The book also offers an in-depth and practical guide to using SPSS in sport and exercise research, the most commonly used data analysis software in sport and exercise departments. In addition, a companion website includes more than 100 downloadable data sets and work sheets for use in or out of the classroom, full solutions to exercises contained in the book, plus over 1,300 PowerPoint slides for use by tutors and lecturers.

*Statistics for Sport and Exercise Studies* is a complete, user-friendly introduction to the use of statistical tests, techniques and procedures in sport, exercise and related subjects.

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