



# 5 Man Youth Flag Football Playbook

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## **5 Man Youth Flag Football Playbook** Football Playbooks

If you are a new coach just starting out your coaching career you need to be organized. As a new flag football coach, you must be organized in every aspect of running your team. One of the most important areas is making sure your team runs an effective and efficient offense. Too many first year coaches make the mistake over over complicating their offense. They played some level (high school or pro) or worse watch the “boob tube” and decide that will be the offense they will run. You have visions of the “spread” offense, scoring 40 points a game, and you will be crowned the next Lombardi. Wake up. This 5 Man Flag Football Offensive Playbook is designed for youth football players, not high school or college. The originators of this playbook have used it to win 30 games and lose only 3 over a 4 year period. As all playbooks on our site, the plays have been tested and do work at the youth level. This particular offense can be used for 5 year old and up to players 14 year olds. The 5 Man Flag Football Offensive Playbook will keep the focus where it should be; the kids having fun while they are scoring some points!

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