



HCG Diet: The Complete HCG Diet Guide for Drastic Weight Loss (HCG Diet, Weight Loss, Diets))

Andrew Lin

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TURN YOUR BODY INTO A FAT BURNING MACHINE NOW!

FREE BONUS INSIDE

You're about to discover how adopting a HCG diet can dramatically turn your body into a fat burning machine. As confusing as the diet sounds, it really isn't that complete. The book lists out the process in 4 simple phases. In a normal diet, the body converts carbs from food into glucose and then sends it throughout the body, where it is very important for brain function. This diet makes the body consume fat instead of carbohydrates.

The *Complete Ketogenic Diet Guide* is written by Andrew Lin. He is a doctor of traditional Chinese medicine, licensed acupuncturist, wellness consultant, professional speaker and fitness enthusiast. His purpose is to help as many as people as possible. Whether it is to get them healthier through natural solutions without the use of medication, or motivate and enrich their life by giving authentic suggestions and advice.

THIS BOOK WILL EDUCATE YOU

- What is HCG diet?
- How the HCG diet work
- HCG tips and recipes
- FAQ on HCG diet
- HCG Diet and Lifestyle
- Much, much more!

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