



What's Good About Anger? Biblical Keys for Transforming Anger: Into Faith, Assertiveness, Problem-Solving, Empathy & Forgiveness

Lynette J Hoy LCPC, Ted Griffin Editor

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It's hard to believe that there is anything good about anger, isn't it? This newly expanded, faith edition of What's Good About Anger? is a combination book and workbook. The book will help you discover how to let God control your anger and use your anger for His purposes. That is what is good about anger! Since God is good and God gets angry, then, as His child and with His power, you can learn how to be good and angry. This resource is not only a book on anger management--it emphasizes the source of anger, triggers that provoke anger, scriptural examples of how to express anger in a godly manner, and shows you how to turn anger into faith, problem-solving, assertiveness, and forgiveness. What's Good About Anger? is meant to assist people with differing experiences in all walks of life. People with "hidden" anger who might be feeling depressed. People with explosive anger. Even people who don't believe they have ever felt angry. We hope you will come to realize that anger can be a healthy emotion to motivate you to change, and better yet, that God can transform you and use your anger for His glory. Includes: the Role of Faith, Emotional Intelligence, 'What if' scenarios, Biblical Insights and Scriptures, Anger management progress report.

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The book untitled What's Good About Anger? Biblical Keys for Transforming Anger: Into Faith, Assertiveness, Problem-Solving, Empathy & Forgiveness contain a lot of information on the idea. The writer explains the girl idea with easy technique. The language is very easy to understand all the people, so do certainly not worry, you can easy to read that. The book was written by famous author. The author gives you

in the new period of literary works. You can easily read this book because you can continue reading your smart phone, or device, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site as well as order it. Have a nice learn.

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