



Dramatic Approaches to Brief Therapy

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Brief dramatherapy is offered in treatment settings for acute or chronic in-patient populations and out-patient or community health settings with a maintenance, rehabilitation or personal development purpose. Providers of such treatment want to offer: the briefest possible treatment programmes; which involve optimum numbers of clients; at the most reasonable level of cost; with the best predictable outcome, and the clearest, most competent, evaluation of efficacy strategies. Written by the directors of the world's major training programmes in dramatherapy, this book presents their approach to and theory of brief dramatherapy.



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