



# Now What? Revised Edition: 90 Days to a New Life Direction

*Laura Berman Fortgang*

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**Now What? Revised Edition: 90 Days to a New Life Direction** Laura Berman Fortgang

**A clear and utterly practical ninety-day program for discovering a new direction for your life—now completely revised and updated by the author!**

In *Now What?* pioneering life coach Laura Berman Fortgang shares the process that she has used to help hundreds of clients make major changes in their lives. Whether it's moving on from a dead-end job, discovering an entirely new creative outlet, or answering the age-old question "What am I meant to do with my life?" this book provides a clear and practical ninety-day program that can help you make major changes in your life.

This revised edition valuable insights into how to stoke change, including:

- Ten years of additional client experience
- Reports from 500 coaches worldwide who have trained to use this material with clients
- New stories and modern-day dilemmas addressed
- QR codes and additional interactive materials

For anyone who feels drawn toward a life-changing move but is not sure exactly what to do or how to move forward, *Now What?* presents a concrete process for finding and pursuing a new path in life.

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