



Confronting Abusive Beliefs: Group Treatment for Abusive Men (Interpersonal Violence: The Practice Series)

Mary Russell

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This volume explores a unique, interactive group therapy programme for working with abusive men - a programme which encourages men to challenge and alter entrenched beliefs about the roles of men and women.

The author presents a new theoretical framework as well as detailed group session protocols, thus providing both practical information for therapists and food for thought regarding the gendered nature of relationships. Sessions address issues such as expressed emotions, recurring thoughts, communication patterns and conflict resolution.

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