



Survival Pantry: The Ultimate Guide to Home Canning, Preserving and Food and Water Storage

Samuel Allen

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Are you prepared for a dramatic shock to the supply of food or water? Would you be able to endure while those supply lines are rebuilt?

Not many people are prepared for disaster. As a result when a crisis hits, people will be scrambling for the very means to survive. That means the time to prepare is now. This guide book is a quick introduction to basic food preservation and water purification techniques to ensure your pantry shelves are stocked and you are prepared in the event of a disaster.

Food preservation is a necessity for survival, but it can be a fun and creative expression of your own personal taste and style. This guide will show you how.

Cooking is an expression of creativity and that same spirit of creativity can be present in your preserved foods. With that in mind, this guide will show you how to:

- Prepare different types of foods for preservation
- Understand multiple techniques so that you get the best results for whatever food you want to preserve
- Bring extra bursts of flavor to preserved foods through sugaring, pickling and curing
- Reclaim and purify water so you always have drinking water and water to cook with

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