

# The World We Left Behind: A Journey From Georgia To Maine

John Morris

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"There are some parallels between Morris' book *The World We Left Behind* and Cheryl Strayed's bestseller, *Wild*" "Morris presents a realistic view of the people he encounters during this trip" "His best work comes near the end of the book where he describes a one-day solo hike."

- Portland Book Review

 $\star\star\star\star$ ? 4 out of 5 Stars!

""The World We Left Behind" by John R. Morris is an excellent snapshot into one troubled man's journey to discover his life's meaning."

- David K. McDonnell for ReaderViews.com

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"Such a good read! Insightful, funny, exciting and revealing."

- AT Library

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#### $\star\star\star\star^{1/2}$

"The *World We Left Behind* is instantly engaging. Morris displays a keen eye for detail in every descriptive passage and brings raw nature to life. Dialogue is sharp and involving, and the characters he meets leap off the page. The reader will feel drawn in to the whole experience due to the atmospheric and colorful picture Morris paints. It is a page-turner to the end of the volume." 4½ Stars

- Self Publishing Review

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"The message in *The World We Left Behind* is one that seems to resonate with a huge portion of the population, no matter their gender, their job, their financial position, and Morris' struggle to achieve enlightenment while being challenged continually by forces over which he has no control, is a situation that speaks to the internal battle that rages in all of us."

- San Francisco Book Review

John R. Morris, aka "Morris the Cat" was at a crossroads in his life. Like most people, he had an average paying job, a loving family, a beautiful new relationship blooming and a comfortably predictable future splayed out before him. By all rights, and by societies standards he *should* have been happy.

Yet disillusioned by chronic depression, John turned to alcohol and isolation to make the stirrings of dissatisfaction go away.

"We're here and then we're gone. What did we do with the time afforded to us?" It was forever a question that haunted him daily. Feeling suffocated, he knew of only one way to combat this mental illness. He had to run away from everything.

So he deconstructed.

Quitting his job, selling all of his possessions, leaving his apartment vacant and bidding adieu to his friends and family; John set out on the most famous hiking trail in the country--the Appalachian Trail. He was on a mission to bring pride to a father back at home he no longer felt connected to, and to regain a sense of selfworth and confidence long since gone.

John had decided to reset his life, and find beauty in the nature of "wandering" and purposefully seeking a homeless lifestyle for eight and a half months with which to do it. From Georgia to Maine, the Appalachian Trail featured some of the toughest and ever-changing terrain, but John's new found determination and the companionship of a friend that wanted to share in his adventure gave him the courage to go.

The desire to try.

Though the path would challenge him in every way, Morris the Cat persisted day in and day out. And with each challenge came change. With near death experiences, came strength. John's encounters with life existing as a drifter detail not only the humor behind his initial blind naïveté in stumbling out into the wild, but his unyielding determination to give meaning and understanding to a world he no longer felt a part of.

The World We Left Behind: Book One -- Now Available

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The World We Left Behind: Book Two -- Mid-2016

The World We Came To Find -- TBA



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#### **Francis Rutland:**

The World We Left Behind: A Journey From Georgia To Maine can be one of your basic books that are good idea. We all recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but nevertheless delivering the information. The article writer giving his/her effort to place every word into pleasure arrangement in writing The World We Left Behind: A Journey From Georgia To Maine but doesn't forget the main position, giving the reader the hottest and also based confirm resource data that maybe you can be considered one of it. This great information can drawn you into brand-new stage of crucial thinking.

#### **Anna Baron:**

Your reading 6th sense will not betray you, why because this The World We Left Behind: A Journey From Georgia To Maine reserve written by well-known writer whose to say well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, still dripping wet every ideas and writing skill only for eliminate your own personal hunger then you still skepticism The World We Left Behind: A Journey From Georgia To Maine as good book not merely by the cover but also through the content. This is one e-book that can break don't assess book by its deal with, so do you still needing another sixth sense to pick this specific!? Oh come on your reading through sixth sense already alerted you so why you have to listening to an additional sixth sense.

#### **Debra McGregor:**

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