



Guidelines for Cardiac Rehabilitation Programs

American Association of Cardiovascular & Pulmonary Rehabilitation

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Established by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR), these international guidelines are the most important ever published on cardiac rehabilitation. This book is for cardiac rehabilitation specialists and students, exercise physiologists, cardiologists, physicians, and educators. "Guidelines for Cardiac Rehabilitation Programs" provides direction not only for practising cardiac rehabilitation, but also for administering a cardiac rehab programme. These guidelines emphasise the rehabilitative care needs of the individual patient, establish minimum standards for state-of-the-art rehabilitation, provide guidelines for data and outcome measurement, set standards of practices to measure outcomes and practices for third-party reimbursement, and determine international guidelines for patient education materials and programmes.

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