



Marlene Koch's Sensational Splenda Recipes: Over 375 Recipes Low in Sugar, Fat, and Calories

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With the newest addition to her Splenda library, Marlene Koch, has created the ultimate healthy low sugar cookbook. Featuring 125 brand new recipes along with all of her critically acclaimed recipes from *Unbelievable Desserts with Splenda* and *Fantastic Food with Splenda* (many with revisions and new updates), Marlene offers you 375 sensational recipes for every day and every occasion! From cold drinks and smoothies to hot beverages and breakfast foods to salads, vegetables, and protein-packed entrees these are foods the entire family will love. Hungry for a treat? You'll find all your favorites and more from puddings and custards to frozen desserts, cookies, pies, cakes, cheesecakes, toppings and even cocktails. Even more sensational, Marlene's recipes are as easy to follow as they are on the waistline. So no matter what your diet, you too can enjoy great food like Creamy Iced Coffee, Decadent Hot Chocolate, Stuffed French Toast, Minced Chicken Lettuce Wraps, Easy Re-Pickled Sweet Pickles, Lemon Meringue Pie and, yes, even Strawberry Topped New York Cheesecake, because they've all been incredibly reduced in sugar, fat, and calories but not in taste!

This book also features:

- * 24 recipes in full color
- * Recipes, information and invaluable tips for cooking and baking with every type of Splenda (including the sugar-blends)
- * Sweet ways to cut the sugar and fantastic ways to cut the fat in all your own recipes
- * Up-to-date nutritional information for every recipe including Weight Watcher Point comparisons and Diabetic Exchanges

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Abel Graham:

Do you have favorite book? For those who have, what is your favorite's book? Publication is very important thing for us to understand everything in the world. Each book has different aim as well as goal; it means that publication has different type. Some people really feel enjoy to spend their a chance to read a book. They are reading whatever they have because their hobby is reading a book. Think about the person who don't like studying a book? Sometime, man feel need book whenever they found difficult problem or maybe exercise. Well, probably you will need this Marlene Koch's Sensational Splenda Recipes: Over 375 Recipes Low in Sugar, Fat, and Calories.

Melvin Wilhelm:

Playing with family within a park, coming to see the water world or hanging out with friends is thing that usually you will have done when you have spare time, subsequently why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Marlene Koch's Sensational Splenda Recipes: Over 375 Recipes Low in Sugar, Fat, and Calories, it is possible to enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't understand it, oh come on its identified as reading friends.

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