



Complete Vegetarian Cookbook

Charmaine Solomon

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600 delicious recipes from all over the world. More and more people are discovering the subtle delights of vegetarian cuisine. No longer are vegetables confined to being an accompaniment. Both in restaurants and family kitchens, people are discovering a cuisine that combines style with fresh and nutritious ingredients. In this completely updated edition, Charmaine shares 600 delicious recipes from all over the world including India, the Middle East, Asia and the West. Whether you favour French, Greek, Italian, Lebanese, Indian or Asian, or a combination of dishes from different countries, you will find them in the Complete Vegetarian Cookbook. With recipes created and tested by bestselling author Charmaine Solomon and the addition of gorgeous new photography, this cookbook is guaranteed to delight the palate and provide inspiration for both novice and experienced vegetarian cooks. Winner Best Vegetarian Book, in English in the Gourmand World Cookbook Awards 2002. Recipes from Charmaine Solomon's Complete Vegetarian have also been chosen to feature in Food & Wine Magazine's 'Best of the Best', a collection of recipes from 25 of the very best cookbooks published in the US in 2002.

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Katherine Belcher:

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