



# Pregnancy After 40: 40 Things No One Told You About Being Pregnant Over 40

*Jill Conrad*

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## **Pregnancy After 40: 40 Things No One Told You About Being Pregnant Over 40** Jill Conrad

So you're over 40 and you've decided to get pregnant. You are not alone. A growing number of women are waiting to have a baby until they are over 40. This book will reveal:

- \* How you can have a healthy baby in your forties (in spite of all the warnings).
  - \* What the biggest risks are and what you can do about them (it may not be as bad as you think)
  - \* The 3 most important things you can do to have a healthy baby after 40 (you might already be doing some of them)
  - \* Why older mothers often make better parents (the surprising reason)
  - \* The one thing you should do every night to keep you fertile and able to conceive naturally (it takes 5 minutes)
- ...and Much More!

So get started and discover how to have the safest pregnancy and the healthiest baby when you are over 40 and pregnant.

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