



# Think About It: A Self Coaching Workbook for Nurturing Personal Leadership Style

*Mike Malinchok*

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The most powerful roadblocks to peak effectiveness for many leaders tend to manifest when they are not perfectly clear in their own minds about how to answer these two questions: Who am I? What do I do? This book is a workbook for anyone who is seeking to understand and articulate their own answers to those questions in a way that is clear, concise, and uniquely compelling. Think About It provides twenty four self-coaching sessions built around observational messages of actual business and personal life situations that bring to life four fundamental pillars of quality leadership: Awareness, Discipline, Attitude, and Influence. Each message is supplemented with a guided coaching journal including thought triggering questions as well as a list of recommended coaching exercises on that specific leadership subject. As one reviewer puts it: Think About It is a vital tool for anyone who is searching for the right resources that will enable a significant forward leap in personal satisfaction, professional advancement and overall life success.

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