



# Escape Adulthood: 8 Secrets from Childhood for the Stressed-Out Grown-Up

*Jason W. Kotecki*

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**Escape Adulthood: 8 Secrets from Childhood for the Stressed-Out Grown-Up** Jason W. Kotecki  
Being Grown-Up Isn't All It Was Cracked Up To Be.

Do you ever have the urge to resign from being an adult? Are you burned out by the stresses that come with being grown-up and wish you could be six again – far, far away from the mountains of paperwork and mortgage payments, credit card debt and computer crashes? Unfortunately, no matter how hard you try, you're never going to be six again. But relief is within your grasp, because the secrets of childhood are timeless, and they're available to you right now, no matter how "grown-up" you may be.

In this humorous and inspiring book, cartoonist Jason Kotecki invites you to escape adulthood. He uncovers some of the values that come so easily to children, the ones many of us outgrew as we grew up. Filled with funny anecdotes, real-world examples, and practical advice, this book will help you to:

- Break free from the stresses of the fast-paced rat race to find true, abundant happiness.
- Accomplish things in your life that you once thought impossible.
- Discover new opportunities to create financial success for yourself and others.
- Become more energized and productive at home and at work.
- Improve your health and decrease your chances of heart disease and cancer.
- Become more respected and admired by your friends, colleagues, the people you lead – even your enemies!
- Gain peace of mind about the things that worry you most.
- Create a family dynamic that is more fun, loving, and supportive.

Author Jason Kotecki is the creator of Kim & Jason, the internationally known comic strip about childhood. He has presented to audiences of all ages on the topics of living your dreams, strengthening your faith and renewing your childhood spirit. His humorous insights will leave you encouraged, entertained, and inspired.

You may not be able to be six again, but with this book you will begin to rediscover your childlike spirit, resulting in a more happy and fulfilled life while increasing your chances of changing the world.

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